

# Curriculum Vitae

**Last update:2022**

## Personal Information

**First Name: Mahin**

**Last Name: Kamalifard**

**Title: Assistant Professor**

**Department: Midwifery**

**Nationality: Iranian**

**Date of Birth: 1960**

**Place of Birth: Tabriz**

**Address: Faculty of Nursing and Midwifery, Tabriz**

**University of Medical Sciences, Shariaty Ave, Tabriz, Iran.**

**P.O. Box: 51745-3470, Fax: +98 411 4797713**

**Phone No.:+989143146763**

**Email: [kamalifardm@tbzmed.ac.ir](mailto:kamalifardm@tbzmed.ac.ir),**

**[kamalifardm@gmail.com](mailto:kamalifardm@gmail.com)**



## Researcher IDs

Nationality: Iranian

Date of Birth: 1960

Place of Birth: Tabriz

## Academic Qualifications

B.Sc.of Midwifery (Tabriz University of Medical Sciences, Iran), 1986

M.Sc.of Midwifery (Tabriz University of Medical Sciences, Iran), 1996

### **Field of interests (or the major research areas)**

maternity health

maternity & newborn cares

management of labor and delivery

### **Professional Membership: (Administrative or executive Experience ...)**

Head of Midwifery Department: Tabriz University of Medical Sciences, School of Nursing & Midwifery, ۲۰۱۱ to ۲۰۱۳

Head of the midwifery research team, 2008-2010

### **Membership in scientific societies and committees**

Member of the training core for special natural childbirth skills from 2017

Member of Maternal Mortality Reduction Committee / Vice President of Treatment / Tabriz , 2011-2018

Member of the high-risk pregnancies and perinatology committee of Alzahra Hospital, 2007-2010

Executive Secretary of Natural Birth Conference, 2007

Participation in the educational planning meeting of midwifery emergencies for gynecologists and midwives, 2013

Permanent member of the Educational and Research Council of Midwifery Department/Faculty of Nursing and Midwifery

Member of the Educational Council of the Faculty of Nursing and Midwifery, 2011 to 2013

members of the Research Council of the Faculty of Nursing and Midwifery, 2011 to 2013

### **Teaching Experience**

Obstetric M S in midwifery

Obstetric PhD in midwifery

Obstetric BS in midwifery

Obstetric Concepts 1 M S in midwifery

Obstetric Concepts 2 M S in midwifery

Gynecology

Practice in midwifery

Practice in statistics

## Research Projects

- 1- Quality of prevention of postpartum hemorrhage in mothers admitted to Tabriz education – trapiutical Obstetric & Gynecologic centers in 2002. 2002.
- 2- The Quality of Provided services for combined Contraceptive pill users. 2001 Master of Science in midwifery. Adviser.
- 3- Comparison of labor pain and factors affecting on pain perception in labor among primiparas and multiparas women referring to Tabriz educating health care of ALZAHRA in 2005, 2005.
- 4- The effect of traditional and breast crawl methods on pospartum anxiety in refering primipar mother to Alzahra hospital in 1387.
- 5- Comparison of Labor Pain and Factors Affecting the Pain Perception among Primiparous and Multiparous Women Referring to Women’s Private and state Hospitals in Tabriz in 2010.
- 6- Impact of oral contraceptive hormones on quality of life in women reffering to treating-health centers of Tabriz university of medical sciences in 2005.
- 7- Relationship between Plasms Level of Se and Preeclamps, Azam Maleki 2006 Master of Science in midwifery.Supervisor.
- 8- Comparison of lifestyle during pregnancy in preterm and term birth among referring mothers to educational and traputic centers in Tabriz Raziye Alizadeh 2006.
- 9- The efficacy of kangaroo mother care on breastfeeding outcomes among primipar reffering to tabriz AL-zahra Hospital in 2008.
- 10- The Effect of Foot Reflexology (reflex zone therapy) on the Physical Symptoms of Premenstrual in Students of Girls Hostels of Tehran University of Medical Sciences 2011.
- 11- Relationship between maternal 1st trimester anthropometry indexes and pregnancy-delivery complications and outcomes in rfered women to Tabriz health care centers, 2009.
- 12- Clients’ viewpoints about the quality of counseltation in the premarriage counseling centers in Tabriz health centers in 2009.
- 13- Comparison of continuation rates and reasons of discontinuation for cyclofem and DMPA among Client of East Azarbaijan Health Houses 2009.
- 14- Relationship between infertility causes with quality of life and marital adjustment of infertile couples attending in

Alzahra Hospital educate and Tabriz 2010.

- 15- Effect of cervical cleaning with sterile cotton on the quality of Pap smear 2011.
- 16- Continuation and Discontinuation Reasons of LD Contraceptives among Iranian Women 2002.
- 17- The relationship of paternal depression with social support and perceived stress by him and maternal depression 2012.
- 18- Effect of peer support on postnatal depression, anxiety and self-esteem among women: one tailed blind, a randomized controlled trial.
- 19- The diagnostic value of two methods of fetal movement counting by mother in pregnant women referring to the Educational – Curative Centre of Tabriz Alzahra, 1389- 90, 2010 .
- 20- Effect of an educational protocol on knowledge, beliefs' and behaviors of nutrition on pregnant women referring to health center 2011.
- 21- Intimate partner violence and sexual function during pregnancy in adolescents and women aged 20 to 29 in the Hamedan, and Tbriz cities. 2014.
- 22- Comparison the effect of lanolin, peppermint and Dexpanthenolon Traumatic Nipples in Lactating Mothers: A randomized double – blind controlled trial 2014.
- 23- The study of receiving to preconceptional caring in first half pregnant womens referring to post and health, 2010.
- 24- Effect of education on arous mother's ost artum Effect of education on arous mother's ost artum lifestyle: a andomized control, 2013.
- 25- Self-Efficacy, Perceived Social Support and Fertility Intention among Patients with Fertility Age Multiple Sclerosis, 2013.
- 26- The relationship of breastfeeding self-efficacy with quality of life, Self-esteem and General health in referring mothers to medical-health centers of Flavarjan, 2015.
- 27- Comparison of the effect of lavandula and citrus aurantium on depression and quality in menopausal women: a randomized controlled trial,2015.
- 28- The effect of yoga on premenstrual syndrome in women referring to gynecologyst`s private offices inTabriz ,2015.
- 29- Comparation the effects of lavender and valerian aroma in relieving labor pain and duration of labor in active and secsnd phase of labor in nulliparous women: a randomized thriple-blind placebo-controlled trial,2015.
- 30- The Effect of Peer Assisted Learning on Marital Adjustment and quality of life in Infertile Women referring to Alzahra hospital at Tabriz: a randomized controlled trial, 2015.
- 31- The effect of counseling on the some obstetrics outcomes of teenage pregnancy: a randomized controlled clinical trial, 2017.
- 32- Risk factors associated with health behaviors and sexual activity with Endometriosis: A case-control study, 2016.
- 33- Comparison of sexual function, quality of life and sexual satisfaction of women with and without type 2 diabetes referred

to health centers in Sanandaj in 2015.

- 34- Prevalence of vaginal candidiasis and its relationship with health promoting lifestyle in women 15-49 years referring to health centers of Bukan, 2018 : A Cross-Sectional Study, 2019.
- 35- Effect of counseling based on PLISSIT model on sexual function and satisfaction in pregnant women: a randomized controlled trial, 2016.
- 36- The effect of *Seidlitzia rosmarinus* in prevention of the incidence of recurrent cystitis in women of reproductive ages: a randomized controlled trial, 2017.
- 37- Comparison the effect of Swedish massage and interferential electrical stimulation on labor pain and childbirth experience in primiparous women: a randomized controlled clinical trial, 2019.
- 38- The effect of counseling with cognitive-behavioral approach on self-esteem and body image of lactating mothers: A quasi experimental study, 2019.
- 39- The Effects of Interferential Electrical Stimulation Current (IFC) on Labor Pain and Duration of Active Phase of Labor in Primiparous Women: A Randomized Controlled Trial, 2021.
- 40- The effect of Curcumin on postpartum depression and anxiety in Nulliparous Pregnant Women: a randomized controlled trial, 2022.
- 41- The effect of counseling with stress management approach and communication enhancement approach on sexual satisfaction and marital satisfaction of employed women with high occupational stress, 2019.
- 42- The effect of manual rotation on persistent occiput posterior in the second stage of labor on maternal and fetal outcomes: a systematic review, 2022.
- 43- The effect of manual rotation on Persistent occiput posterior in the second stage of labor on maternal and fetal outcomes: systematic review, 2022.

### **Thesis (Supervisor or Advisor)**

- 1- Quality of prevention of postpartum hemorrhage in mothers admitted to Tabriz education – trapiutical Obstetric & Gynecologic centers in 2002. Naier Aslneqad Mogadamy 2002 Master of Science in midwifery **Supervisor.**
- 2- The Quality of Provided services for combined Contraceptive pill users. Shirin Allahverdizadeh 2001 Master of Science in midwifery. **Advisor.**
- 3- Comparison of labor pain and factors affecting on pain perception in labor among primiparas and multiparas women referring to Tabriz educating health care of ALZAHRA in 2005 Manizheh Pirdel 2005 Master of Science in midwifery. **Supervisor.**
- 4- The effect of traditional and breast crawl methods on postpartum anxiety in referring primipar mother to Alzahra

- hospital in 1387. Nazi karimi 2008 Master of Science in midwifery. **Supervisor.**
- 5- Comparison of Labor Pain and Factors Affecting the Pain Perception among Primiparous and Multiparous Women Referring to Women's Private and state Hospitals in Tabriz in 2010 Sosan Hoshmandi 2010 Master of Science in midwifery. **Adviser.**
  - 6- Impact of oral contraceptive hormones on quality of life in women referring to treating-health centers of Tabriz university of medical sciences in 2005. Massomeh Nasibi 2005 Master of Science in midwifery. **Supervisor.**
  - 7- Relationship between Plasms Level of Se and Preeclamps, Azam Maleki 2006 Master of Science in midwifery. **Supervisor.**
  - 8- Comparison of lifestyle during pregnancy in preterm and term birth among referring mothers to educational and traputic centers in Tabriz Raziye Alizadeh 2006 Master of Science in midwifery. **Supervisor.**
  - 9- The efficacy of kangaroo mother care on breastfeeding outcomes among primipar referring to tabriz AL-zahra Hospital in 1387 Marzieh Mohammady 2008 Master of Science in midwifery. **Supervisor.**
  - 10- The Effect of Foot Reflexology (reflex zone therapy) on the Physical Symptoms of Premenstrual in Students of Girls Hostels of Tehran University of Medical Sciences Homa Dastegheib Shirazi 2011 Master of Science in midwifery. **Adviser.**
  - 11- Relationship between maternal 1<sup>st</sup> trimester anthropometry indexes and pregnancy-delivery complications and outcomes in rferred women to Tabriz health care centers, 2009-2010 Esmat Mehrabi 2009 Master of Science in midwifery. **Supervisor**
  - 12- Clients' viewpoints about the quality of counseltation in the premarriage counseling centers in Tabriz health centers in 2009 Parvin Mohebbi 2009 Master of Science in midwifery. **Supervisor**
  - 13- Comparison of continuation rates and reasons of discontinuation for cyclofem and DMPA among Client of East Azarbaijan Health Houses 2009 Robab Hassanzadeh 2009 Master of Science in midwifery **Supervisor**
  - 14- Relationship between infertility causes with quality of life and marital adjustment of infertile couples attending in Alzahra Hospital educate and Tabriz 2010. Elham Dehghanpour Mohammadian 2010 Master of Science in midwifery. **Supervisor**
  - 15- Effect of cervical cleaning with sterile cotton on the quality of Pap smear Sedighe Rezaie-Chamani 2011 Master of Science in midwifery. **Supervisor.**
  - 16- Continuation and Discontinuation Reasons of LD Contraceptives among Iranian Women Atefeh Velayati 2002 Master of Science in midwifery. **Supervisor**
  - 17- The relationship of paternal depression with social support and perceived stress by him and maternal depression Samira Panahi 2012 Master of Science in midwifery. **Supervisor**
  - 18- Effect of peer support on postnatal depression , anxiety and self-steam among women: one tailed blind. a randomised controlled traial Rogayah Iraj 2012 Master of Science in midwifery. **Supervisor**
  - 19- The diagnostic value of two method's of fetal movement counting by mother in pregnant women refering to the Educational – Curative Centure of Tabriz Alzahra, 1389- 90 Leila Rabiei 2010 Master of Science in midwifery. **Supervisor**
  - 20- Effect of an educational protocol on knowledge, bliefs and behaviors of nutrition on pregnant women referring to health center. Fatemeh Omid 2011 Master of Science in midwifery. **Supervisor**
  - 21- Intimate partner violence and sexual function during pregnancy in adolescents and women aged 20 to 29 in the Hamedan, and Tbriz cities. 2014. Elaheh Bahrami 2014 Master of Science in midwifery. **Supervisor**
  - 22- Comparsion the effect of lanolin, peppermint and Dexpanthenolon Traumatic Nipples in Lactating Mothers: A randomized double – blind controlled trial Kagal Masuodin 2014 Master of Science in idwifery. **Supervisor**
  - 23- The study of reciving to preconceptional caring in first half pregnant womens refering to post and health. Mahnaz Rahmat 2010 Master of Science in midwifery. **Supervisor**

- 24- Effect of education on arous mother's ost artum Effect of education on arous mother's ost artum lifestyle: a andomized control Farzaneh e Khodabandeh 2013 Master of Science in midwifery. **Supervisor**
- 25- Self-Efficacy, Perceived Social Support and Fertility Intention among Patients with Fertility Age Multiple Sclerosis Tayyeb Fat'hollahi 2013 Master of Science in midwifery. **Supervisor**
- 26- The relationship of breastfeeding self-efficacy with quality of life, Self-esteem and General health in referring mothers to medical-health centers of Flavarjan 1394 Nasrin Gordani 2015 Master of Science in midwifery. **Supervisor**
- 27- Comparison of the effect of lavandula and citrus aurantium on depression and quality in menopausal women: a randomized controlled trial Mahsa Namadian 2015 Master of Science in midwifery. **Supervisor**
- 28- The effect of yoga on premenstrual syndrome in women referring to gynecologist's private offices in Tabriz Gaforeh Gafari Laleh 2015 Master of Science in midwifery. **Supervisor**
- 29- Comparation the effects of lavender and valerian aroma in relieving labor pain and duration of labor in active and secsnd phase of labor in nulliparous women: a randomized thriple-blind placebo-controlled trial Rana Dosty 2015 Master of Science in midwifery. **Supervisor**
- 30- The Effect of Peer Assisted Learning on Marital Adjustment and quality of life in Infertile Women referring to Alzahra hospital at Tabriz: a randomized controlled trial, Zahra Jodian 2015 Master of Science in midwifery. **Supervisor**
- 31- Title: The effect of counseling on the some obstetrics outcomes of teenage pregnancy: a randomized controlled clinical trial, Roia Shafaghat, 2017 Master of Science in midwifery. **Supervisor**
- 32- Risk factors associated with health behaviors and sexual activity with Endometriosis: A case-control study, Sanaz Mallazadeh, 2016, Master of Science in midwifery. **Supervisor.**
- 33- Comparison of sexual function, quality of life and sexual satisfaction of women with and without type 2 diabetes referred to health centers in Sanandaj in 2015, Soria Golami, Master of Science in midwifery. Supervisor.
- 34- Prevalence of vaginal candidiasis and its relationship with health promoting lifestyle in women 15-49 years referring to health centers of Bukan, 2018 : A Cross-Sectional Study, 2019, Parvin Azhrak, Master of Science in midwifery. Supervisor.
- 35- Effect of counseling based on PLISSIT model on sexual function and satisfaction in pregnant women: a randomized controlled trial, 2016, Zhila Shahbazi, Master of Science in midwifery. Supervisor.
- 36- The effect of Seidlitzia rosmarinus in prevention of the incidence of recurrent cystitis in women of reproductive ages: a randomized controlled trial, 2017, Golchehreh Gholizadeh, Master of Science in midwifery. Supervisor.
- 37- Comparison the effect of Swedish massage and interferential electrical stimulation on labor pain and childbirth experience in primiparous women: a randomized controlled clinical trial, 2019, Mahsa Maghalian, Master of Science in midwifery. Supervisor.
- 38- The effect of counseling with cognitive-behavioral approach on selfesteem and body image of lactating mothers: A quasi experimental study, 2019, Nasrin Zamiri, Master of Science in midwifery. Supervisor.
- 39- The Effects of Interferential Electrical Stimulation Current (IFC) on Labor Pain and Duration of Active Phase of Labor in Primiparous Women: A Randomized Controlled Trial, 2021, Sahar pak, Master of Science in Rehabilitation, Advisor
- 40- The effect of Curcumin on postpartum depression and anxiety in Nulliparous Pregnant Women: a randomized controlled trial, 2022, Elham Pishvar, Master of Science in midwifery, Supervisor.
- 41- The effect of counseling with stress management approach and communication enhancement approach on sexual satisfaction and marital satisfaction of employed women with high occupational stress, 2019, Leily Kazemi, Master of

Science in midwifery. Supervisor.

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### **Training Course (Participant or Speaker)**

### **Honors and awards**

- 1- Receive a thank you card for Participating in the national mobilization plan to improve the health of Iranians, 2015.
- 2- Receive a thank you card for Perfect Professor of the 8th Martyr Motahari Festival, 2014.
- 3- Receive Appreciation tablet for Appreciation as a country's perfect midwife, 2015.
- 4- Receive a thank you card for perfect midwife 2019.
- 5- Appreciation of the boss of Tabriz University of Medical Sciences for holding special skill training classes for midwives in the State.

### **International journal editors or reviewers**

### **Presentation in seminars, conferences and congresses (Oral or Poster)**

- 1- Mahin Kamalifard, Jamileh Malekutti, A Study on pain and nipple configuration and its management on breast feeding mothers. **4th International Congress of Obstetrics and Gynecology 7-10 November 2000** Tehran.
- 2- Mahin Kamalifard, Hoorieh Halimi milani, Shirin Allahverdizadeh. Hoosain Kushavar, The Quality of Provided services for combined Contraceptive pill users, Obstetrics and Gynecology 20015<sup>th</sup> international Congress of 8-1 December, Tehran.
- 3- Mahin Kamalifard, Jamileh Malakouti, Mohammadzakaria Pezeshki, Atefeh Velayati, Continuation and



- Discontinuation Reasons of LD Contraceptives among Iranian Women, International Journal of Women's Health and Reproduction Sciences **6th International Congress of Obstetrics and Gynecology 25-29 November 2002** Tehran.
- 4- Mahin Kamalifard, Manizheh Pirdel, Soheila Bani, Morteza Gojazadeh, Simin Taghavi Comparison of labor pain and factors affecting on pain perception in labor among primiparas and multiparas women referring to Tabriz educating health care of ALZAHRA in 2005 **International association for the study of pain 3-4 May 2007 Tabriz.**
  - 5- Mahin Kamalifard, Sedigeh Sadegy, The study of relationship between breast-feeding behaviours and nipple pain (1996). **Seminar of Safe motherhood. 20-21 June 2008 Tabriz.**
  - 6- Atefeh Hosainy, Mahin kamalifard The study of predicting factors of depression at Post partum period. First National Seminar of Nursing **Mood disorders: from Prevention to Rehabilitation. 2001/11/08 Tabriz.**
  - 7- Sakineh Mohamad Alizadeh, Atefeh Hosainy, Mahin kamalifard, The study of health workers' views about Primary prevention of depression in Islam. **First National Seminar of Nursing Mood disorders: from Prevention to Rehabilitation. 2001/11/08 Tabriz.**
  - 8- Jamileh Malekoti, Mahin kamalifard, The study of disposing factors of depression during pregnancy. First **National Seminar of Nursing Mood disorders: from Prevention to Rehabilitation. 2001/11/08 Tabriz**
  - 9- Mahin Kamalifard, Sedigeh Sadegy Khameneh, The relationship of neonatal weight gain and duration of breastfeeding with breastfeeding behaviors. (1998), **National Seminar of Nursing and Promotion of Children Health, 2002/12/18 Tabriz.**
  - 10- Jamileh Malekoti, Mahin kamalifard, Improving the quality of life for women by investigation of risk factors of depression at pregnancy, **International Nursing research conference, Aug. 29-31. Mie Center for the Arts, Japan**
  - 11- Mahin Kamalifard-Jamileh Malakouti; Study of health professional women's Knowledge, Attitudes and Practices towards breast self examination and pop smear in 2002, **The first Congress on Prevention of Non-Communicable Diseases, 29-30 October 2002 Tehran.**
  - 12- Atefeh Hosainy, Mahin kamalifard, The view points of urgency and clinics' workers about clients safety (2001). **International Seminar of Client Safety 7-8 November 2001 Tabriz.**
  - 13- Mahin Kamalifard-Jamileh Malakouti. Observance mothers' rights during pregnancy **International Seminar of Ethics and Rights in Nursing. 17-18 October 2001 Shiraz.**
  - 14- Sehati F, Kamalifard M, Using of sonography in educational obstetric hospitals **Seminar of Using Technology in Midwifery 1993 Tabriz.**
  - 15- **Kamalifard M**, Sehati F, Study of midwives' knowledge about midwifery Technology **Seminar of Using Technology in Midwifery 1993 Tabriz.**
  - 16- Esmat Mehrabi, Mahin Kamalifard, Parisa Yavarikia, Mehrangiz Ebrahimi Mameghani, Waist circumference in relation to prediction of delivery outcomes **The 14th world congress on controversies in Obstetrics, Gynecology & Infertility 17-20, November 2011, Paris.**
  - 17- Mahin Kamalifard, Mahnaz Shahnazi, Manizheh Sayyah Melli, Tora-by Sh Allahverdizadeh Sh, A Ghahvechi, The Efficacy of Massage therapy and Breathing Techniques on Pain Intensity, Physiologic Responses to the Labor Pain, **National Congress of Family Health 25-27 January 2008, Tehran.**
  - 18- Mahin Kamalifard, S Mohammad Alizadeh, H Sadeghi, R Hasanzadeh, Comparison of continuation rates and reasons of discontinuation for cyclofem and Depo medroxy progesterone acetate in rural areas of East Azarbaijan province, Iran 2009. **First international & 4th national congress on Health Education and promotion 16-19 May 2011 Tabriz.**
  - 19- Mahin Kamalifard, Sedigeh Sadegy Khameneh, Naier Asl Negad, The survey of approaches for prevention of postpartum hemorrhage in Gynecological and Obstetrical Centers of Tabriz, **First international congress of Birth and Women's "Third Stage of Labour and Women's Health" 12-14 February 2012, Ahvaz.**

- 20- Mahin Kamalifard, Khadigeh Hajizadeh, Nasrin Farahbakhsh, Do the pregnant women with cardiovascular diseases get enough training about contraception? **4th Middle East Cardiovascular Congress 3-5 March 2010 kish.**
- 21- Mahin Kamalifard, Health-related Quality of life and its predictive actors in infertile women, Iranian Journal of Reproductive Medicine, 10(2)(suppl.1), April 2012, **18 Congress of Iranian Society for Reproductive Medicine, April 2012 Tabriz**
- 22- Azam Maleki, Mahin KamaliFard, Davood Hassan Zadeh, Meherangiz Abrahimi Mamegani, Selenium and Preeclampsia **First Regional seminar of Family Health 17 December 2008 Ahvaz.**
- 23- Mahin Kamalifard, Parisa Yavarikia, Jalil Babapour Kheiroddin, Hanieh Salehi PourmehrRogayyeh Irajii Iranagh, The Effect of Peers Support on Postpartum Depression: A Single-Blind Randomized Clinical Trial **International congress of womens Health 11-12 September 2013 Uromiyeh.**
- 24- Hashemy M, Kamalifard M, Karimi N, Mecanism and effectiveness of Nonpharmacologic methods of labor pain relief, **International congress of Traditional and Complementary Medicine 28-31 October 2008 Mazandran.**
- 25- Homa Dastegheib Shirazi, Fahime Sehhatie, Morteza Ghojazade, Mahin Kamali Fard, The Effect of Foot Reflexology, **National Seminar of Car & Health 21-22 February 2011 Gylan.**
- 26- Sosan Hoshmandi Mah, Rokh Dolatian, Mahin Kamalifard, Mortaza Gojazadeh, Comparison of Labor Pain Affecting the Pain Perception among Primiparous and Multiparous Women Referring to Women's Private and state Hospitals in Tabriz in 2010, **14th International Congress of Azad University of Medical Sciences 12-14 May 2011 Tabriz.**
- 27- Esmat Mehrabi, Mahin Kamalifard, Parisa Yavarikia, Mehrangiz Ebrahimi Mameghani, Evaluation the Relation of early pregnancy's general and abdominal obesity with pregnancy outcomes **14th International Congress of Azad University of Medical Sciences 12-14 May 2011 Tabriz.**
- 28- Sedighe Rezaie-Chamani, Mahin Kamalifard, Relationship of some personal characteristics Social by doing pap smear in Women referring to medical training centers Alzahra Rasht, **National Seminar of Car & Health 21-22 February 2011 Gylan.**
- 29- Leila Rabiei, Mahin Kamalifard and et al Study of the relationship between test results counting the movement of the fetus by the mother and stress-free testing in evaluation fetus, **National Seminar of Car & Health 21-22 February 2011 Gylan.**
- 30- Fatemeh Omid, Mahin Kamalifard and et al, Knowledge and practice of pregnant women referring to the health centers of Karaj city about maternal supplement using in Pregnancy period, **National Seminar of Car & Health 21-22 February 2011 Gylan.**
- 31- Mahin Kamalifard and et al, Changes in the clinical teaching method of childbirth of midwifery undergraduate students, **The second festival of educational student of Shahid Motaharis ۲۰۱۳**
- 32- Rogayeh Irajii, Mahin Kamalifard and et al, Effect of peer support on postnatal anxiety among women, **The 6th Seminar Nurse, midwife and research, 2013**
- 33- Tayyeb Fat'hollahi, Mahin Kamalifard, Self-efficacy, social support and fertility desire in RRMS patient reproductive age, **11th MS International Congress, Iran 2014**

## Published Articles

- 1- Relationship between fathers' depression and perceived social support and stress in postpartum period  
M Kamalifard, S Hasanpoor, JB Kheiroddin, S Panahi, SB Payan, Journal of caring sciences 3 (1), 57, 2014
- 2- Knowledge, attitudes and practice about Pap smear among women referring to a public hospital  
CS REZAI, ACS MOHAMMAD, M Kamalifard, JOURNAL OF FAMILY AND REPRODUCTIVE HEALTH 6 (4), 177-182, 2012
- 3- The Relationship between Plasma Level of Se and Preeclampsia, A Maleki, MK Fard, DH Zadeh, MA Mamegani, S

- Abasaizadeh, ...Hypertension in Pregnancy 30 (2), 180-187(8), 2011
- 4- The efficacy of massage therapy and breathing techniques on pain intensity and physiological responses to labor pain  
M Kamalifard, M Shahnazi, MS Melli, S Allahverdizadeh, S Toraby, ...Journal of caring sciences 1 (2), 73,2012.
  - 5- Comparison of the effects of lanolin, peppermint, and dexpanthenol creams on treatment of traumatic nipples in breastfeeding mothers,M Shanazi, AF Khalili, M Kamalifard, MA Jafarabadi, K Masoudin, ...Journal of caring sciences 4 (4), 297,2015.
  - 6- Comparison of the effect of lavender and bitter orange on sleep quality in postmenopausal women: a triple-blind, randomized, controlled clinical trial,M Kamalifard, A Farshbaf-Khalili, M Namadian, Y Ranjbar, S Herizchi  
Women & health 58 (8), 851-865,2018
  - 7- Comparison of the effect of lavender and bitter orange on anxiety in postmenopausal women: A triple-blind, randomized, controlled clinical trial,A Farshbaf-Khalili, M Kamalifard, M Namadian,Complementary therapies in clinical practice 31, 132-138,2018.
  - 8- The Effect of Yoga on Women’s Premenstrual Syndrome: A Randomized Controlled Clinical Trial  
M Kamalifard, A Yavari, M Asghari-Jafarabadi, G Ghaffarilaleh, ...,International Journal of Women’s Health and Reproduction Sciences 5 (3), 205–211,2017
  - 9- The Effect of Peers Support on Postpartum Depression: A Single-Blind Randomized Clinical Trial  
Rii Mahin Kamalifard<sup>1</sup>, Parisa Yavarikia<sup>1</sup>, Jalil,Journal of Caring Sciences, 2013 2 (3), 237-244,2013
  - 10- Correlation between body mass index and central adiposity with pregnancy complications in pregnant women  
M Ebrahimi-Mameghani, E Mehrabi, M Kamalifard, P Yavarikia, Health promotion perspectives 3 (1), 73, 2013
  - 11- The Effect of an Educational Package on Nutritional Knowledge, Attitude, and Behavior of Pregnant Women.  
M Kamalifard, SMA Charandabi, ME Mameghani, MA Jafarabadi, F Omid, Iranian Journal of Medical Education 12 (9),2012
  - 12- Relationship of breastfeeding self-efficacy with quality of life in Iranian breastfeeding mothers  
M Mirghafourvand, M Kamalifard, F Ranjbar, N Gordani,The Journal of Maternal-Fetal & Neonatal Medicine 31 (20), 2721-2728, 2018.
  - 13- Comparison of the Effect of Lavender and Bitter Orange on Depression in Menopausal Women: A Triple-Blind Randomized Controlled Trial,M Kamalifard, AF Khalili, M Namadian, S Herizchi, Y Ranjbar, International Journal of Women’s Health and Reproduction Science, 5 (3), 224–230,2017
  - 14- Diagnostic value of fetal movement counting by mother and the optimal recording duration, M Kamalifard, S Abbasalizadeh, M Ghojazadeh, FG Samani, L Rabiei, Journal of caring sciences 2 (2), 89, 2013
  - 15- Yoga positively affected depression and blood pressure in women with premenstrual syndrome in a randomized controlled clinical trial,G Ghaffarilaleh, V Ghaffarilaleh, Z Sanamno, M Kamalifard, Complementary Therapies in Clinical Practice 34, 87-92, 2019
  - 16- Paternal postpartum depression and its relationship with maternal postpartum depression  
M Kamalifard, S Bayati Payan, S Panahi, S Hasanpoor, ...,Journal of Holistic Nursing And Midwifery 28 (2), 115-120, 2018
  - 17- Intimate partner violence during the first pregnancy: A comparison between adolescents and adults in an urban area of Iran, S Mohammad-Alizadeh-Charandabi, E Bahrami-Vazir, M Kamalifard, ...,Journal of forensic and legal medicine, 43, 53-60, 2016
  - 18- Clients’ viewpoints about the quality of services in the premarital counseling classes in Tabriz health centers  
P Mohebbi, P Malekpour, M Kamalifard, SB Atri, A Safaeiyan, K Alizadeh, International journal of preventive medicine 5 (3), 365, 2014
  - 19- Effects of yoga on quality of sleep of women with premenstrual syndrome,G Ghaffarilaleh, V Ghaffarilaleh, Z Sanamno, M Kamalifard, L Alibaf, Altern. Ther. Health Med 25, 40-47, 2019
  - 20- Effect of educational package on lifestyle of primiparous mothers during postpartum period: A randomized controlled clinical trial, F Khodabandeh, M Mirghafourvand, M KamaliFard, ...,Health Education Research 32 (5), 399-411, 2017
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