**Tabriz University of Medical Sciences  
Workshop for Skin Care and Prevention and Pressure Ulcer   
Time: June 15th**

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| **Scheduling** | **Time** | **Subjects to discuss** | **Lecturers** |
| **Theory** | 8 to 8:05 am | Recitation of the Holy Quran  Playing the National Anthem | ------- |
| 8:05 to 8:15 am | Welcoming and Goal Statementing | Dr. Mojgan Lotfi (Ph.D. in Nursing Education and Nursing and Midwifery Faculty’s Academic Member) |
| Taking a Pre-Test | Hanieh Aziz (Senior Student of Internal Surgery) |
| 8:15 to 8:30 am | A review on epidemiologic of pressure ulcers and skin anatomy and pathophysiology of pressurized wounds | Dr. Mojgan Lotfi (Ph.D. in Nursing Education and Nursing and Midwifery Faculty’s Academic Member) |
| 8:30 to 9 am | Understanding different types of scars  Grading of pressure ulcers  Various kinds of ulcers caused by medical equipment, moisture, and glue | Faza Virani (Nursing Senior and Educational Member) |
| 9 to 9:20 am | Understanding Factors affecting the pressure ulcer and effective strategies for preventing pressure wounds | Faza Virani |
| 9:20 to 9:45 am | Understanding examined indicators in the pressure ulcer management and wound examination tools | Dr. Mojgan Lotfi |
|  | 9:45 to 10 am | Entr’acte and Catering Time | |
| **Practical** | 10 to 11 am | Understanding the process of pressure ulcer management:  Different types of treatment  Different types of new products in the treatment of ulcers  Different types of wound healing (rinsing) products | Behrouz Amini (Special Nursing Senior) |
| Understanding the role of nutrition in the treatment of wound and the role of a nurse in managing the patient’s diet  Understanding prevention and self-care strategies for the patient and their family | Faza Virani |
| 11 to 11:30 am | Grouping the participants into 7 members Providing a case of a patient with a pressure ulcer and setting up a patient care plan  Providing a care plan by the representative of each group | Dr. Mojgan Lotfi Behrouz Amini Hanieh Aziz Afsaneh Nobakht (Senior Student of Internal Surgery) |
| 11:30 am to 13:30 pm | Understanding new technologies in the management of pressure ulcers (Vacum Therapy) | Dr. Mojgan Lotfi Behrouz Amini |
|  | 13:30 to 13:35 pm | Taking a Post-Test | Hanieh Aziz |

Scientific Lecturer of the program: Dr. Mojgan Lotfi (Ph.D. in Nursing Education and Nursing and Midwifery Faculty’s Academic Member)